Where we work

**SUDAN**
We recognise the value of education and help to make it happen. We support innocent civilians who have been displaced by the targeted aerial bombardment and ground offensives of the Government of Sudan.

- New Sudan Council of Churches (NSCC) – Blue Nile and South Kordofan
- Nuba Relief, Rehabilitation and Development Organisation (NRRDO) – Nuba Mountains, South Kordofan

**NIGERIA**
We support initiatives that promote interfaith dialogue and peace building, as well as providing healthcare and education to those worst affected by the Boko Haram insurgency.

- Bari Clinic and School – Kano State
- Health Clinic – Bauchi State
- Mai Adiko Peace Project – Jos, Plateau State
- Christian Institute – Jos, Plateau State

**SOUTH SUDAN**
We provide resources for education and emergency relief to people unreached by major aid organisations.

- Diocese of Wau – Western Bahr-el-Ghazal
- Marol Academy – Warrap State

**NAGORNO-KARABAKH**
We help our partners to create a non-discriminatory environment for those with disabilities, in which the stigma from the Soviet era is challenged. We support the rehabilitative care of patients, transforming their lives.

- The Lady Cox Rehabilitation Centre – Stepanakert

**UGANDA**
We help HIV-positive children through a specialist clinic, and reduce wider stigma through education and community awareness.

- PAORINHER – Patongo
We help local people to create practical and lasting change in difficult situations. These are often conflict-affected areas where outside help in many cases does not exist. We listen to our partners’ priorities and meet them at their greatest point of need.

**BURMA**
We support community-led initiatives to deliver healthcare and empower women.
- Shan Women’s Action Network (SWAN) – Shan State
- Health and Hope (Dr Sasa) – Chin State
- Doh Say’s Mobile Clinics – Karen and Karenni States

**INDIA**
We support our partners to reduce stigma against Dalit communities (‘untouchables’) and provide healthcare.
- Jeedimetla Clinic, Operation Mercy – Hyderabad

**TIMOR LESTE**
We invest in nutrition programmes to support the growth of a healthy nation.
- HIAM-Health
Throughout 2015, my last year as CEO, I continued to celebrate the achievements of our inspirational partners who work with such dedication and passionate commitment to achieve transformational change in very challenging situations on frontlines of faith and freedom.

In this report, you will see the phenomenal impact that they have achieved by bringing healthcare, education and hope to their communities. We always give our partners the dignity of choice with regard to aid and advocacy helping them to provide their own solutions to their own priority concerns. We therefore support the most appropriate programmes of aid and advocacy, helping to build capacity in oppressed and persecuted communities.

As I depart from the position of CEO, I wish my final word to be a profound tribute to all our inspirational partners who are the ‘Heart of HART’. We were founded to facilitate aid and advocacy to those not being served by major aid organisations and off the radar screen of international media. It is our core principle to do so with local partners working in, for and with their own communities: they are the true heroes and heroines.

And I have no adequate words to thank all HART’s supporters, volunteers and the small ‘Home Team’ staff who enable our valiant partners to achieve so much and who help to us to share their messages far and wide. I conclude by thanking every one of you for your dedication, commitment, generosity and other diverse contributions. And, finally, a ‘thank you’ beyond words to all our partners for allowing HART to play a small part in your visionary work.

I now welcome our new CEO, Corinna Loges, and I wish her every success as she takes HART forward.

Caroline Cox – President and Founder

“ I am passionate about bringing positive change into difficult human circumstances, speaking up for those who are oppressed and inspiring people to take action.”

Corinna Loges, CEO
How we support change

To achieve our vision of a world in which local communities are empowered to create their own change, we invest aid and advocacy support into local projects. Depending on local priorities, our work is centred on enabling education, health, reconciliation and equality.

Advocacy
We project unheard voices onto the international stage. Our founder, Baroness Cox, is a Peer of the House of Lords, meaning that we have unique access to Parliament. We make human rights abuses known by presenting evidence directly from our partners in the field.

Aid
Our aid is flexible, efficient and direct. This means that it reaches where support is needed most quickly. Strong relationships with our partners enables us to be highly accountable for the use of funds.

Sustainable development outcomes
We open doors for our partners by building their capacity and connecting them to additional networks of support so that they can achieve self-sufficiency. We believe that community strength and action is key to creating lasting change.

The ripple effect
Our approach of empowering local people creates snowballing indirect benefits that impact positively across whole communities. Our partners achieve high return on investment with far-reaching impact for their beneficiaries.

We work with local partners in some of the most neglected, inaccessible and dangerous locations in the world. We invest in our partners’ visions, from imagination to implementation, to support practical solutions for community needs. They know best the unique context in which they are operating and want to promote the wellbeing of their communities.
Education gives hope to disadvantaged children at Zambiri School in Nigeria.
Education brings hope and is key to a peaceful future. In 2015, the UN made education a top priority in the UN Sustainable Development Goals. In conflict situations around the world, education is so often the top priority of local communities. We know this because we ask. Our partners also demonstrate that the equal education of girls can create a remarkable positive ripple effect across whole communities.

Teaching communities from within

Education doesn’t stop when people leave school. Many of our partners are breaking down stigma by challenging ingrained attitudes and introducing simple behavioural changes.

Being a part of the communities in which they work, our partners ensure that local customs and knowledge are respected. Where harmful practices or prejudices have become ingrained, our partners are able to understand the context and influence constructive change. This is essential to reducing the stigma surrounding HIV/AIDS and disabilities, promoting gender equality and influencing basic healthcare practices, such as ensuring that a patient with diarrhoea is rehydrated.

“Our top priority is education, regardless of the conflict we are going through. We have been fighting this war for a long time and we want to change the weapon of war from a Kalashnikov to a pen.”

Nagwa Konda, Director of NRRDO
Education

IMPACT:
EDUCATION FOR SUDANESE CHILDREN

Our partner, New Sudan Council of Churches (NSCC), has reached more than 9,600 pupils in Yida refugee camp. Our other partner, Nuba Relief, Rehabilitation and Development Organisation (NRRDO), has supported the only secondary school in the camp, with 400 pupils

We supported the basic education of 4,000 pupils in four schools in Blue Nile state

We provided school materials to over 200 primary schools in South Kordofan

1,657 children sat the Primary School Leaving Certificate in 2015

Teaching communities from within

We support schools in active conflict zones and camps for displaced peoples in Sudan, South Sudan and Nigeria.

In South Kordofan and Blue Nile states in Sudan, civilians are living under constant aerial bombardment by their own government. Our support is a lifeline because there is little other humanitarian access to these areas. By providing educational materials and support to teachers, we give the next generation hope. We also support schools in refugee camps to ensure that children’s education is not disrupted.

Our partners tell us, “Education will help them to be free.”
In many parts of South Sudan it is still rare for a girl to be educated beyond secondary level. However, we support Marol Academy, ‘a girls school which boys may attend’. Our support has enabled the employment of 6 Kenyan teachers, ongoing teacher training and the building of ‘Takuls’ (huts) for the accommodation of students with disabilities. Marol Academy has been able to employ female university graduates as teachers, who act as inspirational role models for girls.

In Nigeria, we support primary schools in some of the northern states worst affected by Boko Haram violence. Providing a stipend to teachers is a crucial enabling factor for consistent education provision in areas deeply affected by poverty and insecurity as it allows them to support their own families.

We also support further education in Jos. The Christian Institute provides specialist courses in Theology and Health to 110 students who have a passion to help their communities. In 2015, the Christian Institute awarded scholarships to students from crisis areas.

A student on a Health Course Scholarship at the Christian Institute told us, “I want to become a nurse. When these people [Boko Haram] come to our place and they have driven people away into the bush, people have died because there have been no doctors, no nurses and no drugs. This is why I want to be a nurse.”

“The priority is education. HART supports teachers in St Paul’s Academy in Tafawa Balewa. That is where you have most of the children. Their parents’ houses were destroyed and their source of living is destroyed. Almost 100 children do not have any support. We must help them because they are our future.”

The Bishop of Bauchi
Most of the areas in which our partners work are difficult to access, unsafe and deeply affected by poverty. Basic healthcare provision is a key challenge in such places. Our partners find innovative ways of getting life-saving medicines and training for health practitioners to where they are needed most.

The UN also recognises the importance of good health in the UN Sustainable Development Goals, placing child health, maternal health and HIV/AIDS as top priorities for the next 15 years. We support this goal through our diverse healthcare projects.

Transforming lives with basic healthcare

In Burma, our partners are teaching basic healthcare and sanitation practices that have a transformative impact in regions where there was previously no healthcare at all. Simple adjustments implemented by trained Community Health Workers (CHWs) are saving the lives of many who would have died from easily preventable and treatable diseases.

Community Health Workers in training with Hope and Health, one of our partners in Burma.
In Chin State, our partner Health and Hope, led by Dr Sasa has trained 834 CHWs from 551 partner villages, in addition to 93 Traditional Birth Attendants (TBAs). The new presence of trained TBAs has virtually eliminated cases of preventable maternal death. Kyaw Hein a CHW undergoing training told us, “In my village there were no health workers and many illnesses. We are far from towns and hospitals, so with no medicines and no-one knowing how to help, many people would die. There was no hygiene, no health workers, so I wanted to help.” Equipped with basic healthcare principles and knowledge of good hygiene practices, Kyaw Hein and other CHWs are able to save the lives of 8 out of 10 people who would have previously died from preventable and treatable illnesses. In December 2015, Health and Hope opened a new mini-hospital to enable more advanced clinical care for serious cases. We are grateful to Guernsey Oversea Aid Commission and Jersey Overseas Aid Commission for their support of Health and Hope’s work.

1,506 WOMEN in Shan State attended reproductive health workshops

510 CHILDREN in Shan State received school health education that teaches personal hygiene and disease prevention

2,727 DISPLACED PEOPLE from Burma, living in Thailand, were supported with language translation and access to medical appointments

“...There was no hygiene, no health workers, so I wanted to help.”
Kyaw Hein - Trainee Community Health Worker at Health and Hope
In Shan State, our partner SWAN trains community health workers to provide transformative basic healthcare support in their communities. They also provide crisis support to displaced Shan people living in Thailand. Some of their achievements are listed overleaf.

In northern Nigeria, we are supporting clinics in areas where many services have been discontinued as a result of Boko Haram violence. In Bari, the clinic we support is performing surgical operations, lab investigations and deliveries. Funds are short but the extraordinary dedication of staff enables this essential work to go on. The clinic treats approximately 1,000 patients a year, 95% of whom are Muslim, helping to build trust between religious communities.

**HIV: Ending the stigma**

We are working with our partners to develop community understanding of HIV and its prevention. Our partners also work to ensure that patients in hard-to-reach areas have access to screening, antiretroviral treatment and increased health monitoring and support.

We believe the fight against HIV must begin at the grassroots level, addressing the ongoing stigma experienced by HIV-positive patients as well as the physical symptoms.

Our partner in India, described their care of a new patient called Balamma who lives in a slum near the clinic: “The HIV test was done, which to our sorrow was positive. Over the next month, many hours were spent with Balamma and her family, by both our nurses and our community health team, explaining HIV, how to avoid it spreading and the care she will require. Slowly, the community are becoming more accepting.”

In Uganda, 375 HIV+ children received care and support through the PAORINHER programme. Over 400 families have benefitted from community sensitisation outreach work. PAORINHER also provides the opportunity for HIV+ children to attend school alongside children without HIV, which reduces stigma from a young age.
This family receives care and support through the PAORINHER programme in Patongo, Northern Uganda. Both HIV+ children are well and go to school.
“I do not have the words to say how grateful I am to HART's friends for their donations and support. It has been amazing to see how God is making the way for us when there sometimes seems no possible way.”

Dr Sasa, Health and Hope

Our partner Dr Sasa and his team at Health and Hope transporting emergency food aid into Chin State, Burma by boat after Cyclone Komen.
In areas of Asia and Africa where our partners work, poverty and conflict has left a legacy of malnutrition. Our partners are acting to combat this through emergency relief and local education initiatives.

In Timor-Leste, HIAM Health is improving dietary diversity and the increased use of highly nutritious local food sources. In 2015, HIAM Health signed a memorandum of understanding with the Ministry of Agriculture and Fisheries to deliver ‘Nutrition Sensitive Agriculture’ training in all 13 districts of Timor-Leste.

In South Sudan, we provided funds for food relief to displaced communities in the relatively unreached area of Western Bahr-El-Ghazal. In particular, we have provided the urgently required staple foodstuffs: maize, beans, oil and salt.

Fighting malnutrition

In July 2015, Cyclone Komen struck Burma, with particularly devastating effects in Chin State where our partner, Health and Hope, operates. We responded immediately with an emergency fundraising appeal which helped our partner to deliver 74,000kg of food, benefitting 8,900 villagers in crisis.

HIAM Health has trained **472 INDIVIDUALS** in health, nutrition and agriculture through residential training and community garden initiatives. They will share their knowledge and skills with a further **15,000 – 18,000 local people**

"By investing in better nutrition, a nation invests in the most important ingredient for sustainable and equitable development: the intellectual capital of its people."

*Rosaria Martins da Cruz - HIAM Health*
We are giving people the opportunity to be independent, to learn and to enjoy everyday activities. This is a place that people really like to be - to change their life, and to get new hope for the future.

Vardan Tadevosyan, Centre Director

At the Rehabilitation Centre, children learn the principles of inclusion and equality as they play together.
Opportunities for those with disabilities

We support partners who are striving for a more equal and just future. They build trust and confidence within their communities as the foundations for peace.

In Nagorno-Karabakh, rehabilitation for people with disabilities is our top priority. Before the Rehabilitation Centre opened 17 years ago, there was no rehabilitative care for patients with war injuries and disabilities. The Centre promotes an inclusive approach to care, focusing on maximising quality of life for all.

Emphasis on ongoing staff training and development has meant that the Centre is able to offer an extremely high standard of care that is having a transformative impact in neighbouring countries as well.

The Centre offers a broad therapeutic repertoire, including physical, occupational and speech therapies, hydrotherapy and support from psychologists. The Centre also offers music and art therapy, and encourage patients to engage in community activities. The Day Care Centre for children brings together those with disabilities and those without to learn and play together.

### IMPACT:
THE LADY COX REHABILITATION CENTRE IN 2015

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<table>
<thead>
<tr>
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<tbody>
<tr>
<td>HOME VISITS CONDUCTED</td>
<td>2,088</td>
</tr>
<tr>
<td>SESSIONS WITH PSYCHOLOGISTS</td>
<td>4,371</td>
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<tr>
<td>SPEECH THERAPY SESSIONS</td>
<td>3,240</td>
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<tr>
<td>PHYSICAL THERAPY SESSIONS</td>
<td>5,160</td>
</tr>
<tr>
<td>HYDROTHERAPY SESSIONS</td>
<td>1,256</td>
</tr>
</tbody>
</table>
Moving forwards: peace and reconciliation

As well as providing direct and immediate aid, we provide support to partners to heal trauma and build lasting peace.

In Nigeria, the Mai Adiko Peace Project brings Christian and Muslim women and children together by increasing dialogue and promoting interfaith learning. The project has had remarkable success in breaking down divisions between these communities and building trust.

134 women are benefiting from practical courses in tailoring, knitting, computer skills, literacy, beadwork and being granted trading and business loans to start up their own businesses. The empowerment of women is having a ripple effect across the local population and is designed to reduce tensions as the communities come to understand one another.

In many areas where we work, such as Nigeria and Sudan, our partners also provide trauma healing and counselling support which are essential to reconciliation efforts, enabling individuals to come to terms with the atrocities and violence they have witnessed.
Empowering women

We help our partners to promote gender equality by creating opportunities for women and girls to be educated and empowering them to use their skills to greater effect. As the UN Development Programme states, women’s empowerment is not only a human right, but also a gateway to achieving sustainable development.

In Burma, SWAN provides safe accommodation and support for 69 vulnerable women and children in crisis. Many of this number have experienced domestic violence and abuse. Within Shan State, sexual violence is prevalent and has been used as a tactic by the Burmese military with impunity: “On the ground, the Army is taking advantage of the silence of the international community. For example, in the case of the murder and rape of two Kachin teachers, with immediate photographic evidence, the perpetrators were still treated with impunity.”

SWAN is empowering women to claim their rights and understand that there is no shame in speaking out. They build support networks and provide training for women. SWAN’s work has made a profound difference to the ways in which women are perceived within their communities; showing that women have a place in politics and not just in the home.

A woman on the Mai Adiko Peace Project learned how to knit and proudly presents her first fruits.
Many conflict zones rarely receive international attention and media coverage, despite brave local people striving to document abuses.

This is why we back up our aid work with awareness-raising activities: to highlight and address the root cause of injustice. We use our own platforms to amplify the voices of local people and support their calls for peace and justice. Our advocacy is always led by our partners and is designed to complement their priorities.

In 2015, our Founder and President, Caroline Cox publically raised issues affecting our partners in the House of Lords 33 times. We produce briefings for Parliamentarians, lobby politicians and policy-makers and meet with representatives of the Foreign and Commonwealth Office (FCO) and the Department for International Development (DFID).

Our close links with groups on the ground give us added legitimacy when speaking about complex situations. We also work in collaboration with other humanitarian and advocacy organisations.

In May, Caroline Cox chaired the International Parliamentary Session at the Global Forum in Yerevan to mark the centenary of the Armenian Genocide. In September, HART led an international delegation on a ‘Journey Through History’ to Armenia and Nagorno-Karabakh, creating the opportunity for 35 people a variety of backgrounds to learn about the region first-hand.

We helped to bring the Sudanese diaspora together for a protest in London against the bombing of civilians in the Nuba Mountains and Blue Nile.

“My Lords, I pay tribute to the noble Baroness for her work in such war-torn areas. She sees at first hand the devastation that these depredations by Boko Haram cause to individuals.”

Baroness Anelay of St Johns Minister of State and Deputy Speaker (17th December, in response to Baroness Cox’s oral question on the Boko Haram insurgency)
Communication and events

We aim to visit most partners annually, to monitor and support their projects and collect first hand evidence. These visits inform our detailed advocacy reports and continued updates to our supporters. Baroness Cox regularly speaks at churches, schools, universities and community groups to ensure that our partners’ voices are heard around the country and abroad.

In 2015, we produced a tri-annual newsletter which included interviews with partners and project updates. We kept our supporters informed and engaged with 78 thoroughly-researched blog posts exploring the current issues our partners face in their countries. We also release a Weekly News Round-Up of relevant news items, as well as daily updates across our social media channels.

We celebrated the immense contributions of our volunteers at two Volunteers’ Receptions. 46 young people enrolled in the HART Ambassadors’ Programme, an initiative which has been designed to enable people to volunteer for HART in a meaningful way while providing a structured framework for developing skills.

142 young people submitted essay or creative entries to the HART Prize for Human Rights, demonstrating outstanding talent and deep engagement with the issues faced by our partners. To promote this competition and inspire school pupils, our dedicated volunteer, Jo Russell, worked with HART interns to deliver a series of human rights workshops in schools in London and further afield.

The HART Carol Concert provided an opportunity to celebrate our partners’ achievements, with choirs from Uganda, Armenia and the UK. We were delighted that Canon Hassan John, one of our partners from Nigeria, was able to speak at this event, enabling attendees to hear from him first-hand.
HART-Australasia

In January, the Board of HART Australasia held a strategic planning retreat in Queensland to look at the future of the organisation. They recognised the importance of working with HART UK to provide appropriate support to their partners.

In 2015, Mrs Janet Binns and Dr Martin Panter visited HIAM-Health in Timor Leste and are currently developing additional projects in the country, including the establishment of a women’s health education programme in Ermera Province of Timor Leste.

HART Australasia successfully applied to the Australian Tax Office for recognition as a Public Benevolent Institution meaning that they now have tax-deductible status for donations. Their donors have welcomed this change, particularly during Baroness Cox’s visit in early 2016.

Changes to the Board include the resignation of Dr Roger Bain and Mrs Stephanie Binsted, and the new appointment of Bishop Stephen Hale.

HART- US

Caroline Cox regularly visits USA to raise awareness of the challenges confronting HART partners around the world. These visits provide valuable opportunities for advocacy and encouraging support for aid.

For example, in her capacity as Hon. President of the US-based Anglican Relief and Development Fund (ARDF), Baroness Cox attended their AGM in Pittsburgh. This has proved a very valuable relationship, resulting in significant support by ARDF for the Rt. Revd. Bishop Moses Deng, one of our HART partners in South Sudan.

Baroness Cox was also invited to give the Address at the Commencement Ceremony of Biola University in Los Angeles and to speak to a Conference for US Broadcasters in Tennessee.
A celebration of volunteers

We are privileged to work with some committed, creative and talented volunteers and interns, who help to make our work possible.

This year, we benefited immensely from the skills and dedication of 13 interns who worked in our London office. They ran competitions, organised events, wrote and researched briefings and blogs, and extended the capacity of our small staff-team beyond measure.

We are extremely grateful to everyone who has given us their time and support in 2015.

During the group visit to Nagorno-Karabakh, visitors carried their national flags to show solidarity with the people of this officially unrecognised land.
### INCOME

<table>
<thead>
<tr>
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<th>2015</th>
<th>2014</th>
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</thead>
<tbody>
<tr>
<td>Donations and legacies</td>
<td>743,391</td>
<td>717,927</td>
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<tr>
<td>Other trading activities</td>
<td>4,089</td>
<td>3,448</td>
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<tr>
<td>Investments</td>
<td>239</td>
<td>719</td>
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<tr>
<td><strong>Total Income</strong></td>
<td><strong>747,719</strong></td>
<td><strong>722,094</strong></td>
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### EXPENDITURE

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<tr>
<td>Raising funds</td>
<td>100,709</td>
<td>115,493</td>
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<tr>
<td><strong>Charitable activities:</strong></td>
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<tr>
<td>Aid</td>
<td>482,885</td>
<td>545,406</td>
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<tr>
<td>Advocacy</td>
<td>107,179</td>
<td>117,347</td>
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<tr>
<td><strong>Total expenditure</strong></td>
<td><strong>690,773</strong></td>
<td><strong>778,246</strong></td>
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The summaries accounts set out on these pages may not contain sufficient information to allow a full understanding of Humanitarian Aid Relief Trust. For further information, the full accounts, the unqualified report of the independent auditors and the Trustees’ report dated September 2016 should be consulted. Copies of these, which will be delivered to the Charities Commission and the Registrar of Companies, may be found on our website at www.hart-uk.org or by emailing office@hart-uk.org.
### Summarised Balance Sheet as at 31 December 2015

#### FIXED ASSETS

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<tr>
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<tr>
<td>Tangible assets</td>
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<td>1,731</td>
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#### CURRENT ASSETS

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<td>Stock</td>
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<td>Debtors</td>
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<td>Cash at bank and in hand</td>
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<td>167,766</td>
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<td></td>
<td>262,228</td>
<td>258,955</td>
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<tr>
<td>Creditors: amounts falling due within one year</td>
<td>(8,662)</td>
<td>(62,030)</td>
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<tr>
<td>Net current assets</td>
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<td>196,925</td>
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<tr>
<td>Total assets less current liabilities</td>
<td><strong>255,602</strong></td>
<td><strong>198,656</strong></td>
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#### FUNDS

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<tr>
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<td>Unrestricted funds</td>
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<tr>
<td>Restricted funds</td>
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<td>62,398</td>
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<tr>
<td>Total funds carried forward</td>
<td><strong>255,602</strong></td>
<td><strong>198,656</strong></td>
</tr>
</tbody>
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Looking ahead

The world is ever changing

So are conflict and crises in their nature and local impact. We must continue to respond effectively to the ever-changing circumstances and keep focused on people with little to no outside support. This is why HART is currently defining new strategic objectives and a vision framework that will guide our work towards greatest impact and sustainable outcomes in the coming years to support our partners as they seek to promote the wellbeing of their communities.
HART would like to thank each and every one of our donors who gave so generously in 2015, including:

- Overseas Aid & Development Commission
- Hiscox Foundation
- Isle of Man International Development Committee
- Jersey Overseas Aid Commission
- Rannoch Trust
- Trusthouse Charitable Foundation