

FUNDING PRIORITIES FOR 2019



Humanitarian
Aid Relief Trust

Partner: The Lady Cox Rehabilitation Centre

PRIORITY 1	
Programme Name	Home Visits to Patients
Objectives 1)	<p>Patients requiring home visits are some of the most vulnerable patients that the Centre treats, due to their lack of mobility and independence. The Centre provides drivers with medical nurses to visit a home patient once a month, or multiple times dependent on the severity of the patient's condition. Centre Director, Vardan Tadevosyan says that "these patients are totally dependent on us for their life".</p> <p>This initiative provides home patients with all of their medical supplies including personal medicine, sterile dressing materials, diapers, catheters, urine bags and independent living accessories.</p> <p>The initiative also organises and conducts family education lessons on how to prevent and care for their family members with disabilities.</p>
Number of Beneficiaries	250 patients receive home visits
Programme Duration / Timeline	1 year
Total Budget	£4,300

PRIORITY 2	
Programme Name	Sports Activities for Disabled Patients
Objectives 1)	<p>Sport is one of the key ways to integrate the Centre's disabled patients with the wider community. It is also crucial practice in increasing hand-eye coordination.</p>
2)	<p>Within the Centre, Vardan provides sport activities every day, offering sports such as volleyball, table tennis, basketball, wheelchair running and cycling.</p>
3)	<p>This initiative will enable Vardan and his selected team of patients to travel to Armenia to participate in the Open Championship for Disabled Sport.</p>

4)	This initiative will also enable the centre to continue hosting their own sports competition events. Funds will help provide sports equipment, t-shirts, and expenses for visitor teams to travel to the Centre to compete.
Number of Beneficiaries	105 patients
Programme Duration / Timeline	1 year
Total Budget	£2,060

PRIORITY 3	
Programme Name	Occupational Therapies
Objectives 1)	HART is the sole funder of the Centre's occupational therapies. Centre Director, Vardan says that "occupational therapy is one of the most essential parts of rehabilitation for disabled people."
2)	Funding will enable therapists to take patients to the local market and purchase food together. Fighting against a stigma of disabled people, this initiative is critical in bringing people with disabilities into the community, increasing their independence and self-confidence.
3)	When back at the Centre, therapists and patients will cook food together, teaching patients how to peel, cut and prepare fresh meat and vegetables, boosting their independence and self-reliance. The food prepared also increases patients' food security, as some families attending the Centre struggle to provide 3 meals a day for their children.
Number of Beneficiaries	100 patients
Programme Duration / Timeline	1 year
Total Budget	£1,240