

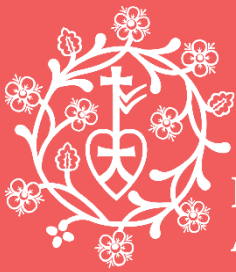


Humanitarian
Aid Relief Trust

HART PRIZE FOR HUMAN RIGHTS 2022-23

INFORMATION PACK





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The HART Prize for Human Rights is a competition for young people who are interested in global issues. You are encouraged to examine and engage critically with crucial but under-reported human rights issues by conducting independent research and producing either a written or creative piece.

We run two competitions:

1. Creative competition
2. Essay competition

The age group categories are:

1. Junior: Aged 11-14
2. Intermediate: Aged 15-18
3. Advanced: Aged 19 - 25

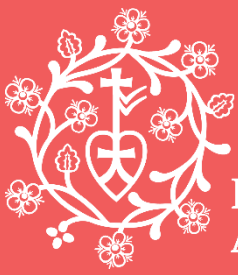
You may enter both the creative and essay competitions, but you can only submit **one** entry for each.

Have fun and best of luck with your entry!

DEADLINE: 21 MARCH 2023

Applications open on 25 November 2022

GETTING STARTED



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"We want children to grow up to
fight with the pen and not with
the gun." NRRDO, Sudan

The Challenge... Get Creative

Produce a **creative** piece of work about the humanitarian situation in any of the countries in which HART works, or on the main themes connecting them, e.g., recent conflict, aid, human rights atrocities. Research something about one or more of these countries that grabs your attention and use your imagination to bring it to life in a creative way.

Artistic Mediums



Painting



Drawing & Illustration



Collage



Sculpture



Poetry or Short Story



Photography



Videography



Graphic Design & Infographics

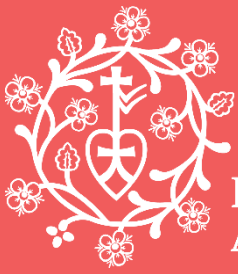
If you have any other creative ideas, please let us know! The more imaginative the better! Examples of **previous entries** can be found [here](#).



The creative entry will be marked on:

- creativity and originality
- technique and quality of the final piece
- impact of message

CREATIVE COMPETITION



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"Women do not generally have a strong voice in their own communities, but their time with HIAM Health inspires and empowers them to be agents of change."

ESSAY COMPETITION

The Challenge... Get Critical

Write an **essay** about the political, humanitarian and human rights issues facing those living in one or more of the countries in which HART works.

Requirements

The junior and intermediate essays must be no more than 800 words. No referencing is required.

The advanced category essays must be no more than 1,200 words. These must be fully referenced in your preferred style. The word count does not include footnotes or bibliographies.

Please use our **fact sheets** to help you with basic details and background information for the countries, but we'd love to see some wider research from you as well!

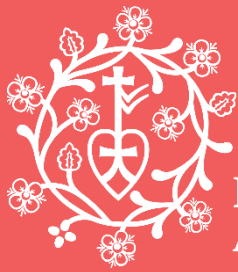
Suggested **essay titles** can be found on our website. You are also encouraged to choose your own title, as long as it relates to one of the six countries in which HART works, or a theme connected with HART's work.

Be as original and creative as possible, but here are some of the **previous entries** for an idea about what we're looking for.



The essay entry will be marked on:

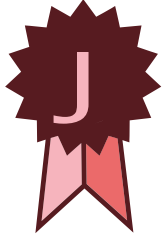
- quality of written communication
- originality and persuasiveness of essay
- impact of message



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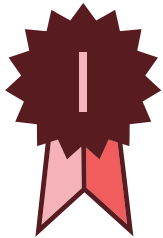
"Regardless of all the challenges,
education is at the core of values
held by the people of Nuba
Mountains." NRRDO, Sudan

YOUR PRIZE



Junior & Intermediate Prizes

- 1st place in each category – An invitation to tea in the House of Lords, an optional day of virtual work experience with HART, and a signed copy of Baroness Cox's biography, 'Baroness Cox: Eyewitness to a Broken World' by Lela Gilbert.



- 2nd and 3rd prize in each category is a signed copy of Baroness Cox's biography.
- All entries will be awarded with an electronic certificate.



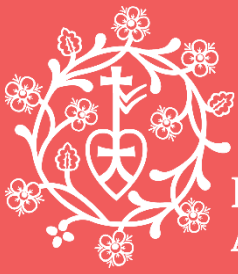
Senior Prizes:

- 1st prize in each category is £150 cash, an optional day of work experience with HART, an invitation to tea in the House of Lords, and a signed copy of Baroness Cox's biography.
- 2nd and 3rd prize in each category is a signed copy of Baroness Cox's book.
- All entries will be awarded with an electronic certificate.

HART cash prizes have been kindly donated by a HART supporter.

Due to the number of entries HART receives each year, we are unable to give individual feedback.

All applicants are invited to our Prize-giving and Exhibition
Evening! Date, time, and location TBC



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"The one who is free should
help the one who is not free."
Dr. Sasa, Health and Hope

Submitting Your Entry

1. Complete the entry form found on our website.
2. Email the entry form along with your essay or a creative entry to hart.competition@hart-uk.org, clearly stating your full name. If submitting artwork, please attach a video or photos of your piece as we are not able to receive physical entries.
3. For all entries, please ensure that your submission files are saved as your full name.

NOTE: Individuals submitting an entry to both the essay and creative competitions must submit a separate entry form for each.

By entering the competition, you agree to our **terms and conditions**, also found on our website. If you require more information or have any questions at all, please feel free to get in touch. **You can call us on 0208 205 4608 or email us at hart.competition@hart-uk.org.**

GOOD LUCK

